



respite**services**.com

*the road to **success** begins
with the right **supports***

Toronto Region

Every parent or caregiver needs a break every now and then and that's not something to feel guilty about. Sometimes we invest so much into caring for a loved one, that we forget to take care of ourselves and may find that we are left searching for extra energy to give the rest of the family.

respite**services**.com is a centralized access point for information on respite services for individuals with a developmental disability and/or Autism as well as children with a physical disability within the city of Toronto.

We provide families, individuals and professionals with information and connections to respite options both in and out of home (including camp & CHAP workers).

CHAP PROGRAM *community helpers for active participation*

For over 20 years, the CHAP program has been Toronto's leading resource for one-to-one support persons within developmental services. Having more than 3000 families registered to our services and over 1500 support staff that have gone through our rigorous screening process, the CHAP program stands proudly as Canada's largest respite worker database. If you have a child or family member living at home with you and wish to explore how the CHAP program can fit into your respite needs, contact us—We'll be happy to explore this option with you.

our services

- Family Orientations
- Funding Workshops
- Respite & Funding Options
- Community Resources
- Events Listings
- CHAP program



contact us



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Our knowledgeable and caring staff work hard to ensure your needs as a caregiver are met while your loved one is well supported while achieving their own personal goals.

To register, visit [www.respite**services**.com](http://www.respiteservices.com) and complete our online Family Registration or contact Intake & Information at 416-322-6317x1